

PISTA 24 Device

Indulge in Peaceful Serenity as You Unwind
with PISTA 24 Device

Features:

- PISTA Sound
- PISTA Sound + Vibration
- Adjustable Speed and Volume
- Softer tone and vibration

The PISTA 24 Device is your essential companion for restful nights. Its soft tones and gentle vibrations create a serene ambiance, perfect for winding down your nighttime routine. Enjoy a tranquil transition to sleep and wake up refreshed, ready to conquer the day.



PISTA 24 Device

Indulge in Peaceful Serenity as You Unwind with PISTA 24 Device

Sleep Aid: Use the PISTA 24 Device as a sleep aid. Its gentle vibrations and soft binaural beats can help lull you into a relaxed state, making it easier to fall asleep and stay asleep throughout the night.

Relaxation Companion: Wind down after a long day with the PISTA 24 Device. Its subtle tones and vibrations can create a calming atmosphere, perfect for relaxation exercises, meditation, or reading before bed.

Stress Reduction: Combat stress and anxiety by using the device's soothing binaural sounds and gentle vibrations to help you unwind and release tension before sleep.



PISTA 24 Device

Indulge in Peaceful Serenity as You Unwind with PISTA 24 Device

Night Shift Worker's Tool: For those who work night shifts, the PISTA 24 Device can be a valuable tool. It can help maintain your circadian rhythm by simulating a nighttime environment during your daytime sleep.

Nightly Breathing Exercise: Use the device to guide you through breathing exercises before sleep. Its vibrations can synchronize with your breath, encouraging slow, deep breathing for relaxation.

Memory Enhancement: Improve memory and learning by using the device during sleep. It can be programmed to play specific binaural beats associated with memory consolidation, potentially enhancing your ability to remember information.



PISTA 24 Device

Indulge in Peaceful Serenity as You Unwind with PISTA 24 Device

Bedtime Story Companion for Children:

Make bedtime more enjoyable for kids by incorporating the device into bedtime routines. It can play soft, soothing sounds while reading a bedtime story, creating a relaxing atmosphere.

Guided Sleep Meditation: Enhance your sleep meditation practice with the PISTA 24 Device. It can guide you through meditation sessions with gentle vibrations and calming binaural beats designed for sleep.

Jet Lag Recovery: Combat jet lag by using the PISTA 24 Device to help adjust your sleep schedule to the new time zone. Its gentle cues can assist in resetting your internal clock.

