

# LEARNING SELF PROBLEM-SOLVING PROCESS THROUGH PISTA



PISTA is a form of brain stimulation that uses binaural beats to help people learn how to self-solve problems. Binaural beats are two tones of different frequencies transmitted through PISTA Device, which the brain then interprets as a single tone.



This single tone activates the brainwaves to a certain frequency, which can help to relax the mind and open the subconscious to creative thinking. This creative thinking can then help people to better understand their problems and come up with self-solving solutions. By providing the brain with this stimulus.



PISTA helps people to identify and understand the underlying issues of their problems and come up with solutions that are tailored to their individual needs.

