

# VIBRATIONS ON THE PISTA DEVICES



[www.pistatherapy.com](http://www.pistatherapy.com)

The PISTA Vibration feature is a transformative addition to the therapeutic experience, offering users the ability to tailor their wellness journey.

It has shown remarkable potential in memory enhancement and cognitive decline management by improving recall and preserving mental acuity.

Moreover, it supports emotional well-being by aiding in the processing of memories and emotions within a psychological framework, fostering emotional balance and resilience.



Notably, PISTA Vibration has shown promise in mitigating panic attacks and addressing traumatic experiences, providing a tangible anchor during moments of heightened anxiety and assisting in trauma resolution.

This feature offers a holistic, personalized approach to emotional and mental well-being, transcending traditional therapies for a more empowered state of mind.

