

### PISTA 45 YEARS OF RESEARCH

PISTA Hospital integrates 45 years of groundbreaking research from PISTA on brain science, particularly focusing on the utilization of sound and vibration, including binaural beats. Our innovative approach harnesses the power of binaural beats to enhance the physical and mental well-being of our patients. This evidencebased technique involves the presentation of slightly different frequencies to each ear, creating a perceived third frequency in the brain, known as the binaural beat.



This method has shown remarkable results in influencing brainwave patterns, promoting relaxation, reducing stress, and improving cognitive function. At PISTA Hospital, we have incorporated these findings into personalized treatment plans for patients with various conditions, including Alzheimer's and Parkinson's diseases. The use of sound and vibration therapies, such as binaural beats, plays a pivotal role in our commitment to providing holistic and effective care that addresses both the physical and mental aspects of well-being. Through the integration of this cutting-edge research, we strive to optimize the healing journey for our patients, fostering an environment of innovation, compassion, and improved overall health.





# PISTA SCIENCE INCORPORATED INTO THE PISTA HOSPITAL

At PISTA Hospital, our commitment to holistic care is exemplified through a diverse range of specialized services tailored to address the unique needs of individuals facing neurological challenges, including Parkinson's disease and Alzheimer's.

Grounded in our core philosophy, PISTA provides healing using a variety of stimuli, such as innovative sound and vibration therapies like binaural beats.





## PISTA SCIENCE INCORPORATED INTO THE PISTA HOSPITAL

This approach facilitates memory processing, alleviates stress, relieves pain, pacifies fears, and modifies maladaptive behaviors. Moreover, this technique serves to uncover inner strength, allowing individuals to empower themselves and effectively cope with psychosocial stress.

Our multidisciplinary team integrates these innovative treatments seamlessly into our comprehensive neurology, psychology, and rehabilitation programs, ensuring a holistic and empowering healing journey for our patients.







The PISTA team at our cutting-edge hospital facility in Anhui, China, is committed to providing comprehensive and compassionate care for individuals dealing with Alzheimer's and dementia. Our facility, equipped with state-of-the-art rehabilitation equipment, is dedicated to improving the lives of patients through personalized treatment plans.





Situated in Anhui, China, the PISTA Hospital serves as a beacon of hope for patients and their families, offering a serene and supportive environment conducive to healing and rehabilitation. Our location is designed to provide a peaceful and therapeutic setting that complements the innovative care provided by our dedicated team.







## WHY CHOOSE US?

PISTA Services, including our specialized Alzheimer's and dementia rehabilitation program, are offered entirely free of charge. We believe in removing financial barriers to ensure that individuals receive the highest quality care without compromising on the necessary resources for their recovery.





### PISTA DEVICES IN **ACTION FOR** STAFF VITALITY

At PISTA Hospital, our commitment to staff well-being is reinforced by PISTA Devices. Using binaural sounds, these devices contribute to stress reduction and mental clarity, fostering positive working environment for our healthcare professionals. By prioritizing the well-being of our dedicated team, we ensure they are equipped to provide optimal care to our patients.





### PISTA HOSPITAL ELDERLY CARE

At PISTA Hospital, our elderly care integrates 45 years of research from the PISTA Institute, focusing on brain science and cognitive decline prevention. This informs our commitment to personalized care, emphasizing cognitive health and overall well-being for elderly patients. We conduct early cognitive assessments, implement evidence-based interventions, and offer specialized memory care programs. Neurologically informed rehabilitation and personalized nutrition strategies complement these efforts. Diverse wellness activities and family education initiatives create a supportive care environment, fostering cognitive vitality and overall well-being for our elderly patients.







### COMPREHENSIVE DIAGNOSTIC ASSESSMENT

PISTA Hospitals excels in the precise diagnosis of Alzheimer's and Parkinson's diseases, using advanced assessments to guide personalized treatment.



### CUTTING EDGE REHABILITATION

Our multidisciplinary team tailors innovative rehabilitation programs that combine cognitive exercises and therapeutic techniques to enhance health and slow disease progression







### COMPASSIONATE FAMILY SUPPORT

PISTA Hospitals provides families with the support and education necessary to meet the challenges of caring for patients with Alzheimer's and Parkinson's disease.



At PISTA Hospital, our commitment to holistic care is exemplified through a diverse range of specialized services tailored to address the unique needs of individuals facing neurological challenges, including Parkinson's disease and Alzheimer's, integrating cutting-edge treatments in neurology, psychology, rehabilitation, and innovative therapies such as sound and vibration therapy.

### **Neurology:**

- Comprehensive diagnostic assessments for neurological disorders.
- Specialized treatment plans for conditions like Parkinson's disease and Alzheimer's.

### **Psychology Services:**

- Cognitive-behavioral therapy for managing psychological aspects of neurodegenerative diseases.
- Psychoeducation for patients and their families.







### **Physical Therapy:**

- Specialized exercises to address movement and coordination challenges associated with Parkinson's disease.
- Mobility and strength training for Alzheimer's patients to improve physical function.

### **Sound and Vibration Therapy:**

- Innovative treatments incorporating binaural beats to influence brainwave patterns for stress reduction and cognitive improvement.
- Vibroacoustic therapy for promoting relaxation and well-being.

### **Social Work Services:**

- Supportive counseling for patients and families coping with the emotional challenges of neurodegenerative diseases.
- Assistance with accessing community resources and support networks.







### **Rehabilitation Medicine:**

- Tailored rehabilitation programs for Parkinson's disease patients, focusing on motor skills and mobility.
- Cognitive rehabilitation for Alzheimer's patients, emphasizing memory enhancement and cognitive functions.

### **Occupational Therapy:**

- Customized interventions to improve daily living skills for individuals with neurodegenerative conditions.
- Adaptive strategies to enhance independence and quality of life.

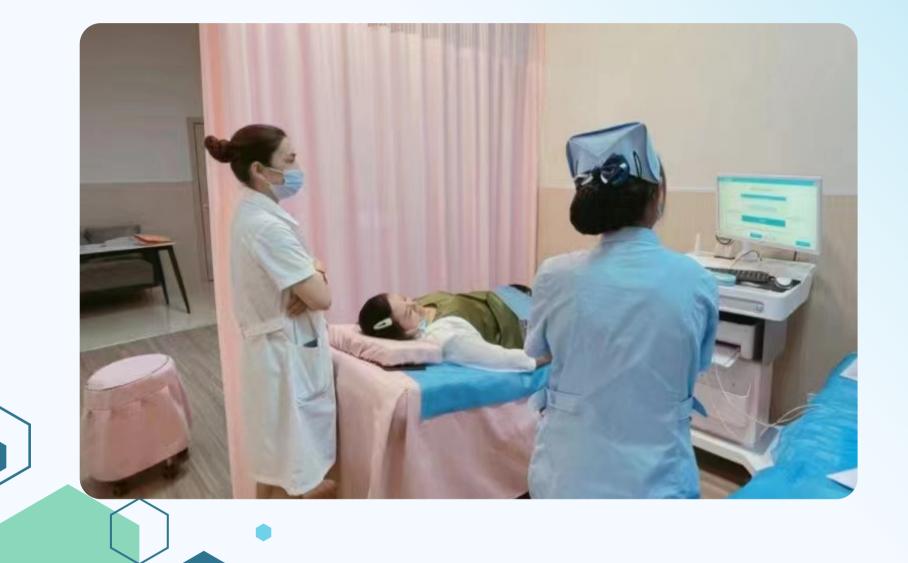
### **Speech Therapy:**

- Speech and language interventions for individuals with communication difficulties due to neurodegenerative disorders.
- Swallowing assessments and therapies.

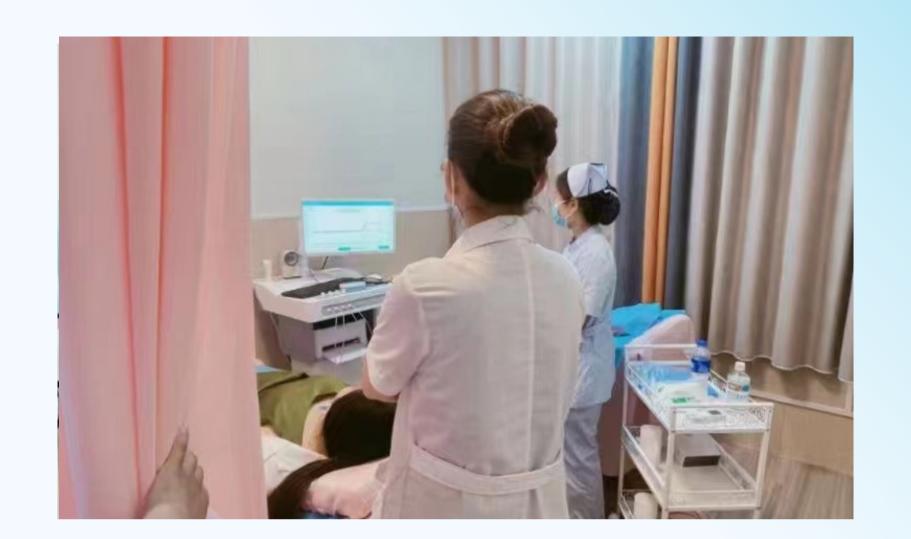




The PISTA team is composed of experts from various specialties, including neurology, psychology, occupational therapy, speech therapy, and physical therapy. This diverse group collaborates seamlessly to address the multifaceted needs of individuals with Alzheimer's and dementia. By leveraging the collective expertise of our team, we tailor rehabilitation plans that encompass cognitive, emotional, and physical well-being.



Our patient-centered approach extends beyond the individual, offering support and education to families. The PISTA team understands the challenges of caregiving and provides resources, counseling, and educational programs to empower families to navigate the complexities associated with Alzheimer's and dementia.





At PISTA Hospital, our commitment to improving the lives of those affected by Alzheimer's and dementia is unwavering. Through our state-of-theart facility, a team of specialists, and a philosophy of providing free-of-charge services, we aim to make a positive impact on the well-being of our patients and their families

