



**PISTA  
INSTITUTE**

**Supports  
Communities**



For 45 years, PISTA programs have supported youths, the elderly, the underserved and the poor.

PISTA helps people to take control of their lives by learning about their problems. The PISTA Institute believes that answers to the problems of people can only be generated through research and educational programs and it is committed to supporting such activities. Professionals and lay people with high levels of awareness and training in mental health issues are essential to bring about change, end discrimination, and promote good mental health for all. We provide high quality information and advice and we run a variety of conferences and training programs throughout the year.

